

Things to buy for new baby!

Traveling stuff

Stroller / Travel system

Baby carrier (sling, Baby Bjorn etc)

Car seat (if you aren't buying a full travel system)

Nappy bag

Baby blanket for stroller (summer or winter weight depending on season)

For baby and baby's room

Bassinet / Cot

Chest of drawers with changing table

Mosquito net for cot (especially useful in summer if you don't have air-conditioning and you have to keep the windows open and don't have a fly screen)

Fitted sheets (a newborn should not have any loose blankets or bumpers in the cot at all)

Mobile for cot

Baby monitor

Changing table

Padded changing mat (tip: keep a towel on top which you can easily and regularly wash, saving you having to wash the changing mat itself!)

Burping cloths – you'll need a lot for everything!

Nappy bin

Nappies (disposable or cloth)

Baby wipes (unscented are best)

Nappy rash cream

Vaseline

Cotton balls

Baby brush/comb

Nail scissors or clippers

**Don't use talc powder on a baby!*

Bath time

Baby bath with support seat insert

Baby body wash – separate shampoo is not necessary

Baby towels with hoods

Soft wash cloths

Bath thermometer

First Aid

Baby Panadol or baby Neurofen (but check very carefully how much and at what age you can give it to your baby)

Antiseptic cream

Calamine lotion

Band-aids

Thermometer suitable for rectal use

For Feeding

Breast pump and accessories (if necessary)

Maternity bras

Breast pads

Cracked nipple cream (should be hospital-grade Lanolin)

Bottles, nipples

Bottle brush cleaning set and drying rack for bottles, nipples etc. A sterilizer is not necessary.

Washable bibs

Other

Pacifiers (dummies) – however, it is not recommended to give babies a pacifier in the first few weeks until breastfeeding is well established.

Soft padded mat for the floor so baby can have safe tummy time

Bouncy chair (usually not suitable until baby is about 2-3 months old, so check safety instructions)

Clothes

8-10 "onesies" (short sleeve or long sleeve depending on season)

8-10 rompers (one piece, short sleeved, snap at the crotch outfits)

8-10 all-in-one pyjamas

Cotton undershirts and leggings

T-shirts with wide necks which are easy to pull over baby's head and pants/skirts etc

Socks (with good elastic at the ankles, otherwise they fall off!)

Hats

Swaddling blanket (especially good for the first 3 months – remember Dr Harvey

Karp's "Happiest Baby on the Block"!)

Sleeping bag – again, generally not suitable for newborns - please check first before using one.

*TIP *try not to buy clothes that don't have to be pulled over the baby's head until they are about 4-5 months old.*